

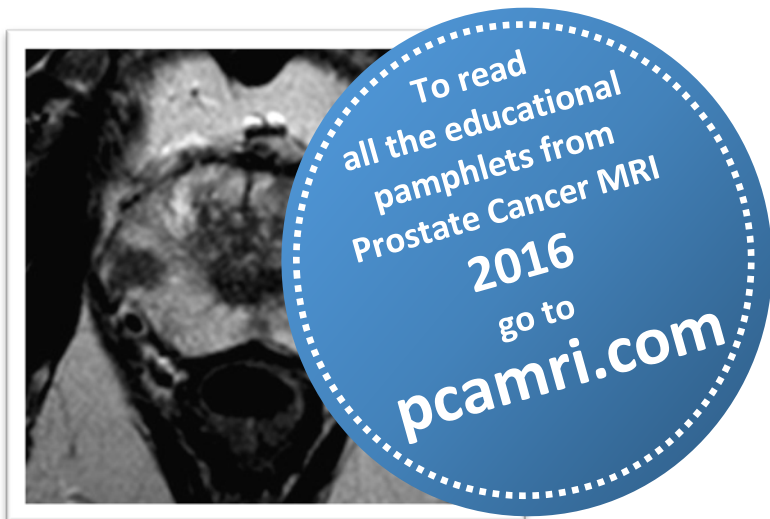
an educational pamphlet from

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Prostate Cancer MRI

Accurate Diagnosis and Treatment

Tips For Patients



PSA to Prostate MRI

for patients and curious doctors

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can you imagine being treated
for a high fever, racking cough and
pneumonia without a chest x-ray ?

can you imagine being diagnosed or
treated for prostate cancer
without your doctor being able to see it ?

that is what we were doing

finally, the prostate can be seen
in anatomic and functional detail with

prostate MRI

Tips for patients

- > If you are concerned about prostate cancer, have a family-genetic history or are a black gentleman go to a friendly urologist for **Prostate Cancer Risk Assessment**.
 - Early prostate cancer has no symptoms
 - **Never believe** one PSA value. PSAs increase with age and for many reasons other than cancer.
 - **PSA trend** and **PSA density** are better predictors of cancer.
 - Newer advanced prostate cancer biomarkers and predictor tables are remarkably accurate.
- > If your urologist feels a **bump** on your prostate it may be stones, BPH, granulomas or cancer.
- > If you have a **High Risk** for prostate cancer, prostate **MRI** is usually indicated
- > MRI cannot be done or the study is **limited** when you have metallic body parts, poor kidney function and claustrophobia.
- > The advice to have a **prostate biopsy** is based on your **Risk** and the **MRI**.
 - A highly suspicious MRI usually requires **biopsy**
 - Mildly suspicious MRI may only need **monitoring** (always more accurate, do the MRI before biopsy)

Early prostate cancers grow slowly.

Risk assessment, MRI, biopsy and treatment are not emergencies.

Take the time, have them done thoroughly and accurately.

When biopsy detects cancer

do not get alarmed

Most prostate cancers are not aggressive

grow very slow, cause no harm

For aggressive cancers

newer, effective, less invasive treatments

All men at risk of prostate cancer
need to be investigated

Some men investigated benefit
from an MRI

Not all men who have an MRI
require a biopsy

(Learn more, pamphlets 2, 3 and 4)

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